



**SINGAPORE SCHOOLS SPORTS COUNCIL
FOOTBALL RULES AND REGULATIONS FOR
NATIONAL SCHOOL GAMES 2024**

(Updated as of 8th January 2024)

**SINGAPORE SCHOOLS SPORTS COUNCIL
HOCKEY RULES AND REGULATIONS FOR NATIONAL SCHOOL GAMES 2024**

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PREAMBLE

This document outlines the rules and regulations for the conduct of and participation in the National School Games (NSG). These rules and regulations should be interpreted and implemented in alignment to the spirit of the SSSC's Mission, Aspirations and Motto (**Refer to [Annex A](#)**).

SECTION A – ADMINISTRATIVE RULES AND REGULATIONS

1. ORGANISATION STRUCTURE AND GOVERNING BODIES

- 1.1 The National School Games (NSG) shall be conducted:
- 1.1.1 as governed by the General Rules and Regulations of the Singapore Schools Sports Council (SSSC).
 - 1.1.2 according to the sport-specific rules and regulations that are modified to suit the level of our school students for safety / developmental reasons.
 - 1.1.3 adhering to the Baseline Safety Standards for the NSG.
 - 1.1.4 according to the laws / rules established by the respective International Football Association Board (IFAB).
- 1.2 National School Games Organising Committee (NSGOC)
- 1.2.1 The NSGOC shall consist of the following:
- a) Lead Convenor
 - b) Convenors
 - c) Lead Organising Secretary
 - d) Organising Secretaries
 - e) Game Advisor
 - f) Game Manager / Game Executive
 - g) Technical Committee
 - h) Any other co-opted members deemed necessary
- 1.2.2 The NSGOCs are empowered to appoint sub-committees and individual members to assist in the organisation and running of the NSG competitions as and when required.
- 1.2.3 The NSGOCs shall have sub-committees to perform the following roles and responsibilities (**Refer to [Annex B](#)**): -
- a) Competitions: Organise and conduct the competition according to the rules and regulations, and established safety standards.
 - b) Technical: Establish, review and update competition rules and regulations for the competitions and other matters necessary to provide for safe and developmentally appropriate NSG competitions.
 - c) Recognition, Protest and Discipline: Manage recognition and discipline structures to support the desired outcomes of the NSG.
 - d) Other functions necessary for the successful completion of the NSG sport that the NSGOC is in charge of.

2 AGE GROUPS / DIVISIONS/ NSG SPORTS CATEGORIES

- 2.1 All students shall compete in their respective divisions according to their year of birth* as follows:

- 'A' Division* 1 Jan 2004 (*subject to conditions laid out in para 2.2*)
 2 Jan 2004 - 31 Dec 2004
 1 Jan 2005 - 31 Dec 2005
 1 Jan 2006 - 31 Dec 2006
 1 Jan 2007 - 31 Dec 2007
 1 Jan 2008
- 'B' Division* 1 Jan 2007 (*subject to conditions laid out in para 2.2*)
 2 Jan 2007 - 31 Dec 2007
 1 Jan 2008 - 31 Dec 2008
 1 Jan 2009 - 31 Dec 2009
 1 Jan 2010
- 'C' Division* 1 Jan 2010 (*subject to conditions laid out in para 2.2*)
 2 Jan 2010 - 31 Dec 2010
 1 Jan 2011 - 31 Dec 2011
 1 Jan 2012

*** Subject to the following conditions:**

- All students in the Junior Colleges (JC) and Millennia Institute (MI) must compete in the 'A' Division.
- Year 1 to Year 4 students in the Integrated Programme (i.e., Through-Train Programme) and International Baccalaureate Programme will compete in their respective age group. Those in Year 5 (equivalent to JC 1) and Year 6 (equivalent to JC 2) must compete in the 'A' Division.
- All students in Secondary Schools must compete in the 'B' or 'C' Division according to their year of birth.
- All students in Secondary Schools not born in the stipulated year for 'B' or 'C' Division must compete in the 'A' Division.

2.1.1 With effect from 2021, students who are born on 1 January and have participated in NSG previously shall follow the rules stated in Para 2.2. This rule will supersede all previous decisions.

2.1.2 This exception in Para 2.2 does not apply to students who are born on 1 January and have repeated a year of study.

2.2 All students can only be registered in one division of that particular sport within the same year.

2.3 Categories of NSG Sports

2.3.1 Match-based (Team) Sports: Badminton, Basketball, Cricket, Floorball, Football, Hockey, Netball, Rugby, Sepaktakraw, Softball, Squash, Table Tennis, Tennis, Water Polo and Volleyball.

2.3.2 Match-based (Individual) Sports: Fencing, Taekwondo (Kyorugi) and Judo.

2.3.3 Event-based Sports: Bowling, Canoeing, Cross-Country, Golf, Gymnastics, Sailing, Swimming, Shooting, Taekwondo (Poomsae), Track & Field and Wushu.

3. ENTRIES

3.1 Each school is eligible to enter only one team per division per sex.

- 3.2 All entries for Match-based (team) Sports must be submitted by the PE/CCA Key Personnel via FormSG for:
- 3.2.1 'B' and 'C' Divisions by 2 January 2024.
 - 3.2.2 'A' Division by 28 February 2024.
 - 3.2.3 Requests for late / withdrawal of entries must be sent via email through the Principal to the Lead Convenor by the Team Managers' (TMs) Briefing.

4. REGISTRATION OF PARTICIPANTS

- 4.1 Eligibility
- 4.1.1 Only official students of the school can represent the school.
 - 4.1.2 Students requesting for a transfer may only represent their new school when the transfer has been officially effected.
 - 4.1.3 International students can only be registered to compete for their school **after** they have been issued with the student passes from the Immigration and Checkpoints Authority (ICA).
 - 4.1.4 Students who are in the schools on exchange programmes are not allowed to represent the school.
 - 4.1.5 Students granted Leave of Absence (LOA) by MOE are allowed to represent the school.
 - 4.1.6 Students who have qualified for the Polytechnic Foundation Programme (PFP) can represent their school only up till 31 January of the competition year.
 - 4.1.7 Registration constitutes representation, that is, once a student is registered to compete for a school, he or she is deemed to have represented his or her school. Hence, the student is not allowed to represent another school in the same sport in the same year.
 - 4.1.8 The fielding of unregistered players will result in a forfeiture of the matches / events concerned (**Refer to [Para. 10](#)**).
- 4.2 Registration Process
- 4.2.1 All registration must be submitted through the NSG Integrated system (NIS) Registration Module at <https://nsg.moe.edu.sg/nis/#!/login> by the stipulated closing date. This includes details of participants along with the necessary supporting documents including:
 - a) Baseline Safety Standards Acknowledgement Form
 - b) Supporting documents for Special / Transfer case students
 - c) Other forms as determined by the respective NSGOs
 - 4.2.2 Any late or amendments to the registration after the closing date must be sent via email through the Principal to the Lead Convenor
 - 4.2.2.1 Match-based (Team) Sports: 1 working day before the team's next match
- 4.3 Registration Numbers
- 4.3.1 Each school may register up to a **maximum of 23 participants** and a **minimum of 13 participants** in the NIS system.
- 4.4 Replacement and addition of participants
- 4.4.1 Replacement of a registered participant is only allowed when that participant is no longer an official student of the school and if the school has maximised their registration numbers.
 - 4.4.2 Addition of participants is only allowed for students who have joined the school after registration has closed and if schools have not maximised their registration numbers.

- 4.4.3 Any request for replacement (Para. 4.3.1) or addition (Para. 4.3.2) after registration has closed, must be sent via email through the Principal to the Lead Convenor at least one (1) working day before the next match.
- 4.5 In competitions where there is a Classification / Pool Round for League Competitions, participants / teams will progress automatically to the League round with no further registration required.

SECTION B – COMPETITION RULES & REGULATIONS

5. COMPETITION FORMAT (Refer to [Annex C](#))

- 5.1 All sports competition formats shall be that as approved by the SSSC's Standing Committee and stated in the specific sport's rules and regulations.
- 5.2 The competition can be organised in the following formats:
- Direct National ('A' Division)
 - Classification / Pool to League ('B'¹ and 'C' Divisions)
- 5.3 For a competition / event to be organised:
- 5.3.1 There must be a minimum of three (3) registered teams from three (3) different schools for Team Sports.
- 5.4 For Football (Refer to [Annex C](#)):
- 5.4.1 Each team will play a minimum of 6 matches².
- 5.4.2 Where entries are grouped, each group shall have a minimum of **four (4)** participants / teams³ for all divisions.
- 5.4.3 **A Division Boys** will play a Direct Nationals format which is made up of the Preliminary Round, Quarter-Final, Semi-Final and Final.
- 5.4.4 **A Division Girls** will play in a league format whereby the top 2 teams will qualify for the Finals while the 3rd and 4th placed teams will be involved in a play-off to determine their Top 4 positions.
- 5.4.5 **B and C Division Boys** will play the Pool - League format.
- 5.4.6 **B and C Division Girls** will play a Classification Round of matches that will be used as a qualifying round for the League Championships. The top 2 teams of each group in the league will progress to the Finals.
- 5.4.7 Any Division that has less than 8 teams will play in a league format.
- 5.5 Seeding and Placing (Refer to [Annex C](#))
- 5.5.1 The preceding year's results shall be used for seeding in the first round of all competition formats.
- 5.5.2 For Pool to League Competitions, the following seeding and placing approaches shall be adopted for the three scenarios below.
- Barred / Withdrawn Teams
If any team discontinues participation in the competition during the Pool Round, they will be placed last in the group. The team will be treated as a "ghost" entry in the next lower League and placed last there.
 - Missing Teams

¹ Applicable to Football and Volleyball.

² Except for sparring sports and sports with only 3 participating teams.

³ The rule is **NOT** applicable for National Competition when a zone has less than four teams advancing to the National Competition.

Where there are any missing teams in the Pool Round prior to the draw, additional team(s) will be brought up from the next lower Pool based on the preceding year's results.

c) New Teams

The placement of new teams will be done as follow:

New Team	Placement
One new school	Lowest Pool
Two new schools (Combined Teams)	Lowest Pool
Current school + new school (Combined Teams)	Based on the current school's League placing
Two current schools (Merging / Combined Teams)	Based on the school with the higher League placing

6. AWARD OF LEAGUE POINTS

6.1 The following scoring system shall apply:

6.1.1 For games which can end in a draw:

Result	Point
Win	3
Draw	1
Loss / Walkover	0

6.1.2 A team that concedes a walk-over will get zero (0) points. The opposing team will be awarded three (3) points and three (3) goals. This is considered a forfeiture of the match. (Refer to [Para. 10](#)).

6.2 Tie-break

6.2.1 In the event that teams have equal league points, their positions shall be determined by the tie-breaker sequences stated in 6.2.2 to 6.2.4. If any team involved in the tie had forfeited any match, it shall be placed last among the tied teams before the tie-breaking sequence is applied to the remaining teams.

6.2.2 In the event of a tie in league points between two (2) participants / teams, the winner of the match that was played between them shall be ranked higher, followed by the next levels of tie-break rules as stated in the NSG Football rules and regulations. In the case of a **two-team tie**, the positions shall be established by the following sequence:

6.2.2.1 Head-to-Head (The winner of the match between these two teams shall be awarded the higher placing)

6.2.2.2 Goal Difference (all teams in the group)

6.2.2.3 Goals Scored (all teams in the group)

6.2.2.4 Drawing of Lots (between these two teams)

6.2.3 In the event of a tie in league points between three (3) or more participants / teams, the tie shall be resolved by considering the results amongst the tied teams first before considering the results of the group. If **three or more teams** have equal league points, the positions shall be established by the following sequence*:

6.2.3.1 Goal Difference (**only** among the tied teams)

- 6.2.3.2 Goals Scored (**only** among the tied teams)
- 6.2.3.3 Goal Difference (all teams in the group)
- 6.2.3.4 Goals Scored (all teams in the group)
- 6.2.3.5 Drawing of Lots (**only** among the remaining tied teams)

*If only two teams remain tied after applying 6.2.3.1 to 6.2.3.4, the winner of the match between these two teams shall be awarded the higher placing (Head-to-Head). If these two teams remain tied after applying Head-to-Head, the tie-breaker sequence (6.2.3) shall continue.

6.2.4 The results of any participant / team that is not involved in a tie in league points and has forfeited a match shall be disregarded in the calculation of tie-breaks.

6.3 Mode of deciding winners for knockout stage matches

6.3.1 For matches that end in a draw, extra-time duration for each half is as below:

- i. A Division Boys / Girls and B Division Boys - 10 min per half
- ii. B Division Girls and C Division Boys / Girls - 5 min per half

6.3.2 If it is still a draw at the end of extra-time, kicks from the Penalty Mark shall be used to determine the winner. (Re: FIFA on Kicks)

7. AWARDS

7.1 Divisional Awards

7.1.1 There should be only one (1) Divisional Title⁴ per division / sex for each sport⁵.

7.1.2 The number of divisional trophies to be awarded shall be as follows:

No. of Participants / Teams	Positions Awarded
3 to 4	2
5 to 6	3
7 or more	4

7.1.3 No individual award will be given to each participant.

7.2 The number of prizes to be awarded for Zonal to National / Direct National Competitions shall be as follows:

No. of Participants / Teams	Positions Awarded
3	2
4	3
5 or more	4

7.3 The number of prizes to be awarded for League Competitions ('B' and 'C' Division) shall be as follows:

No. of Participants / Teams in League One	Positions Awarded for League One	Positions Awarded for each of the remaining leagues*
4 - 6	3	1
7 - 8	4	2
9 - 10	5	2

⁴ Only events with a minimum of three (3) competitors from three (3) different schools will contribute to the calculation for Divisional Titles.

⁵ Three (3) disciplines for Gymnastics are considered as three (3) individual sports.

11 - 12	6	3
13 - 14	7	3
15 and more	8	4

**For all remaining leagues, the number of prizes to be awarded will be up to 50% of the prizes awarded for League One.*

8. REPORTING AND GRACE PERIOD

- 8.1 Participants are to report punctually according to the time stated by the NSGOC.
- 8.2 Participants who are unable to report on time, must inform the NSGOC or their representatives at the competition venue of the delay. Where applicable, specific sports can allow for a grace period of fifteen (15) minutes. The NSGOC may extend this grace period if deemed justifiable.
- 8.3 A team which fails to turn up or turn up late after the grace period, the match will be forfeited (**Refer to Para. 10** for rules on forfeiture) and the team shall concede a walkover to the opposing team.

9. POSTPONEMENT AND ABANDONMENT

- 9.1 Any postponement or abandonment⁶ of a match / event shall be determined by the NSGOC only.
- 9.2 Postponed Game (Play has **NOT** started)
- 9.2.1 The referee is required to submit a written report on the Postponed Game within one (1) working day.
- 9.2.2 If a match has not started due to inclement weather, it will be played on another day
- 9.3 Postponed Game (**Incomplete** - Play has started)
- 9.3.1 Match to be continued from where play was stopped with the score remaining the same at a time and venue stipulated by the convenor. This applies to all matches including Quarter-Finals (for all divisions), Semi-Finals and Final.
- 9.3.2 If 75% of the match has been played and the match cannot proceed due to inclement weather, the result will stand **after the stipulated wait-time has been adhered to** (refer to table below). This does not apply for Quarter-Finals (for all divisions), Semi-Finals and Finals (i.e. 100% of the match must be played for the result to stand for these matches).

Division	Sex	Total Time per Match	75%
A	Boys	80 (40 Mins per half with 15 Mins interval)	60 Mins
B	Boys	80 (40 Mins per half with 15 Mins interval)	60 Mins
C	Boys	60 (30 Mins per half with 10 Mins interval)	45 Mins
A	Girls	80 (40 Mins per half with 15 Mins interval)	60 Mins
B	Girls	70 (35 Mins per half with 10 Mins interval)	55 Mins
C	Girls	60 (30 Mins per half with 10 Mins interval))	45 Mins

⁶ Abandonment refers to any match / event that started but cannot reach a natural conclusion and may be postponed or cancelled.

9.3.3 The following rules shall apply to incomplete games when it resumes on another day:

- a) The game shall resume where play was stopped at the incomplete game
- b) Play time to continue till Full Time or at least achieving 75% completion before the game is considered to be completed
- c) The score continues from the incomplete game
- d) The same set of players (at the incomplete game before play was stopped) shall start
- e) If a player is unavailable, a substitution (if permitted) can be made prior to the start of the game
- f) Any yellow or red card received at the incomplete game shall be carried forward to the game when it resumes

9.4 Recommended kick-off timings:
1st match at 3pm and 2nd match at 4.45pm (B Div Boys), 4.30pm (B Div Girls & C Div Boys/Girls) & 5pm (A Div)

9.5 In case of inclement weather, the wait-time for matches is indicated below:

Division	Sex	Wait-time
A	Boys	30 Minutes
A	Girls	
B	Boys	
Others		45 Minutes

9.6 In case of inclement weather, the 1st and 2nd matches must start by the following stipulated time, failing which, matches will be postponed:

- 1st match: Does not commence by 3.30pm or 3.45pm (refer to #9.5 table above)
- 2nd match: Does not commence by 5.15pm

9.7 In a single-match venue cases where kick-off times are at 3pm, if match is not commenced by 5.15pm, it will be postponed. If match has started and is stopped due to inclement weather, both teams are to continue to wait for weather to clear before resuming the game if the game can be completed by 6.30pm.

9.8 All Postponed / Incomplete matches will be scheduled to play in the mornings at 8.30am. This is provided that either of the teams involved has not played two complete matches within the space of a week. A one-day buffer will be provided for scheduling of postponed/incomplete matches.

9.9 Any team causing a game to be abandoned by not turning up for the match or by walking out shall be liable for disciplinary action. The team shall be considered as having conceded a walk-over. A written explanation duly endorsed by the Principal must be submitted to the Convenor within 1 working day. The Pitch Manager and Referee shall submit a report each to the Convenor.

9.10 Schools are not allowed to leave the venue until a decision is made by the convenor or his representative.

10. WITHDRAWAL AND FORFEITURE

10.1 Any withdrawal⁷ or forfeiture⁸ can be considered contrary to the spirit of the NSG and can result in a walkover when the fixtures / competition schedule has been issued.

⁷ Withdrawal refers to discontinuing participation in the competition.

⁸ Forfeiture refers to inability to start or complete a match / event.

10.1.1 In the event that the withdrawal causes unevenness in the fixtures / competition, the NSGOC may conduct a full / partial re-draw.

- 10.2 For each withdrawal or forfeiture, a written explanation duly endorsed by the Principal shall be submitted to the Lead Convenor and copied to the Game Advisor within one (1) working day.
- 10.3 For withdrawals, all results involving the team / participant will be null & void.
- 10.4 For forfeitures, the team / participant will concede a walkover and the results of a match / event shall be based on the sports specific rules and regulations.
In the event of both teams failing to turn up, neither team is entitled to a walk-over.
- 10.5 In any play-off for top 8 placings, schools involved in a withdrawal or forfeiture without a valid reason will not be placed.

11. WALKOUT⁹

- 11.1 Staging a walkout is considered a serious breach of conduct and contrary to the spirit of NSG.
- 11.2 Participants that stage a walkout shall be subject to disciplinary action (**Refer to [Para 19](#)**).
- 11.3 A written explanation from the school(s) duly endorsed by the Principal shall be submitted to the Lead Convenor and copied to the Game Advisor within one (1) working day.
- 11.4 The competition officials shall submit a written report to the NSGOC within one (1) working day.

12. CLARIFICATION AND PROTEST

- 12.1 Clarification
- 12.1.1 Team Managers (TMs) are allowed to seek clarification with the competition officials / NSGOC during intervals or appropriate times as stated in the sport-specific rules. Upon completion of clarification, the match / event shall proceed based on the decision of the competition officials / NSGOC.
- 12.1.2 If the clarification were to result in any disruption / interference of the competition, the matter shall be brought to the attention of the NSGOC for follow up action.
- 12.2 Competing Under Protest
- 12.2.1 If the TM has strong justification against the decision of the competition officials / NSGOC, the TM shall indicate their intention to compete under protest to the NSGOC or their representatives, who will inform all Competition officials and TMs involved in the affected match / event. This shall be done as soon as possible without disrupting the competition.
- 12.2.2 Any competition under protest and / or intent to lodge an official protest shall be officially recorded according to the sport-specific rules and regulations.

⁹ Wilful refusal to compete against the NSGOC's advice.

- 12.3 Protest
- 12.3.1 Following from Para. 12.2, the TM concerned may submit an official protest to the NSGOC via email. The protest must fulfil all the following conditions:
- a) Be sent through the Principal.
 - b) Reach the NSGOC within one (1) working day after the match / event unless stipulated otherwise in the respective sport-specific rules.
 - c) Provide reasons and evidence for the protest.
 - d) Meets the requirements as stated in Para. 12.2.2.
- 12.3.2 Protests based solely on a decision involving the accuracy of judgement on the part of an umpire / referee / judge shall not be considered by the NSGOC.
- 12.3.3 A protest panel chaired by a Convenor will be formed within the NSGOC to deliberate on protests that have met all conditions in 12.3.1. Where there may be potential conflict of interest, the schools involved will not sit in the panel.
- 12.3.4 The decision of the protest panel will be made known in writing to the schools concerned within five (5) working days.
- 12.3.5 A protest fee of \$150 will be paid by the school that raised the protest (within 30 days from notification of outcome) if the protest is overruled.

13. APPEAL

- 13.1 Schools may appeal against the outcome of a protest to the Council. The appeal must fulfil all the following conditions:
- a) Be sent through the Principal.
 - b) Reaches the respective Honorary Secretary for zonal competitions, or Secretariat of the main council for national competitions within two (2) working days upon receiving the protest sub-committee's decision.
 - c) Provides reasons and evidence for the appeal.
- 13.2 The Board of Appeal (BoA) will be convened to deliberate on the appeal within ten (10) working days. Where there may be potential conflict of interest, the schools involved will not sit in the BoA. The decision of the BoA shall be final.
- 13.3 An appeal fee of \$300 will be paid by the schools that raised the appeal (within 30 days from notification of outcome) if the appeal is overruled.

14. BARRED PARTICIPANTS

- 14.1 Participants barred by any one of the following bodies are not allowed to participate in the NSG for that sport:
- a) School
 - b) Singapore Schools Sports Council (SSSC)
 - c) National Federation (NF) of the sport, with endorsement from SSSC

15. TEAM MANAGER (TM)

- 15.1 The Team Manager (TM) will represent the school on all matters pertaining to the duty of care, student management and competition matters relating to the participants / teams from his / her school (**Refer to [Annex E](#)**).

- 15.2 Participants / teams must be accompanied by a TM who shall remain with the team throughout the duration of play. The absence of a TM will result in a forfeiture of the matches / events concerned (**Refer to [Para. 10](#)**).
- 15.3 The TM shall be a school staff¹⁰ or School Adult Representative (SAR) (**Refer to [Annex E](#)**) appointed by the participating school.
- 15.4 TMs are expected to conduct themselves with decorum at all times and strive towards Aspiration 2 (**Refer to [Annex A](#)**).
- 15.5 TMs must ensure that their coaches adhere to the rules and regulations and the Code of Conduct (**Refer to [Annex G](#)**).

16. COACHES

- 16.1 Coaches are expected to conduct themselves with decorum in alignment to the Code of Conduct (**Refer to [Annex G](#)**) and strive towards Aspiration 2 at all times (**Refer to [Annex A](#)**).
- 16.2 Coaches are not allowed to approach the officials to query their decisions. Only TMs are allowed to approach officials to seek clarifications.

17. COMPETITION OFFICIALS

- 17.1 Only qualified referees from FAS shall be appointed. The decision taken by the referee will be final. The referee shall make the final call regarding the continuation of a match due to poor visibility.
- 17.2 There shall be FOUR (4) referees appointed from the Semi-Final stage onwards for all Divisions. THREE (3) referees would be appointed for all B and C Division Boys Quarter-Final matches.
- 17.3 THREE (3) referees will be deployed for all 'A' Division Boys matches.
- 17.4 An Official or a Pitch Manager (school staff¹¹ appointed by the school) would be appointed for each game to carry out the following tasks:
- To conduct RAMS and Baseline Safety checks (include 2m safety distance from goals/touch lines). These checks are to be conducted each match day before the commencement of the first match.
 - To provide a set of instructions for visiting teams, where necessary
 - To ensure that 2 technical areas for both the teams and designated area(s) for the supporters are marked out clearly.
 - To ensure that only the registered players and a maximum of FOUR (4) officials to be allowed in each technical area. The schools concerned must introduce them to the Pitch Manager before the start of the match.
 - To assist the referee **only when necessary** with regard to temporary stop or affected match due to lightning or the pitch is unplayable due to heavy rainfall.
 - To ensure that the Referee STOPS the game IMMEDIATELY in accordance with the Lightning Risk Alert and/ or Siren or in the event lightning is spotted (without LWS alert or siren). The game can only be

¹⁰ MOE employed staff such as Education Officer, Contract Adjunct, Flexi Adjunct, EAS (AM, OM and CSO) and AED.

¹¹ Education Officers, Contract Adjunct teachers, Flexi-adjunct teachers, Allied Educators, Relief teachers and Untrained teachers.

resumed when the Lightning Risk Alert warning is cancelled within 30/45 minutes.

- g) To submit the result and the completed team sheets to the respective convenor immediately after the match (includes yellow or red card cases which may require immediate follow-up action).
- h) To inform the Convenor in writing of any irregularities contravening the tournament rules involving Football Team Managers, supporters or External Coaches.
- i) Pitch manager has to be another official (not the Team Manager) appointed by the school and **must be competent to carry the necessary tasks required to oversee the match.**

17.5 Schools should ensure that the appointed pitch managers are present to fulfil their duties as scheduled by the Convenor and in alignment to Aspiration 3 (**Refer to [Annex A](#)**).

17.6 Where required by sport-specific rules and regulations, referees should declare any potential conflict of interest to the NSGOC before the start of the competition.

18. SPECTATORS

18.1 Participating schools must ensure that spectators from their school attending the competitions are aligned to Aspiration 5 (**Refer to [Annex A](#)**) and cooperate with the officials.

18.2 Schools sending spectators to the competition shall ensure that their students are in proper school attire and that there are sufficient teachers present to be responsible for their management and well-being.

18.3 Spectators may not be allowed to enter the competition venue if they fail to comply with the venue's SOP.

18.4 All spectators should remain within their stipulated area throughout the competition and are not allowed to interfere with competition proceedings or approach the competition officials (referees or pitch managers) to query decisions.

18.5 In the event of disruptive or unsportsmanlike behaviour, the NSGOC or its representatives may at their discretion, stop the disturbance and evict the spectators from the competition venue.

19. SERIOUS BREACH OF CONDUCT

19.1 A Disciplinary Panel comprising members of the NSGOC will be formed to investigate the breach.

19.1.1 A convenor of the NSGOC shall be appointed as the Chairperson of the panel.

19.1.2 The panel may co-opt members from outside the NSGOC, including personnel from the National Federation (NF) to provide technical advice where necessary.

19.2 Any individual found guilty of serious breaches of conduct, such as an attempt to inflict, or has inflicted physical harm, or the threat of such on another person, shall be expelled from the NSG, and be banned from it for the calendar year of the NSG. The disciplinary panel can also recommend punishment beyond the calendar year if the breach occurs during the final stages of the competition. This shall also apply to all such behaviours traced to an NSG competition before, during or after the competition.

- 19.3 An appeal against the decision of the Disciplinary Panel can be submitted by the school (for participants, coaches, and TMs) and / or the official to the Council, whose decision shall be final (**Refer to [Para. 13](#)**).

20. ATTIRE

- 20.1 All participants must be in suitable attire bearing the school crest / name where possible and in accordance with the sport-specific rules and regulations.
- 20.2 In the event of a clash of jersey colours, the FIRST NAMED TEAM shall have to change. No team is allowed to play without proper attire. Teams are strongly advised to bring along a second set of jerseys or bibs with numbers in case they are required to change.
- 20.3 All jerseys must be clearly numbered (from 1 - 50).
- 20.4 Use of footwear is compulsory for players.
Boots with metal studs are not permitted.
- 20.5 Use of shin-guards or shin-pads is compulsory for all players.
Referees shall not allow players without shin-guards to play.
- 20.6 Participants who have been registered using a certain number must use the same registered number throughout the competition. Serious action will be taken against the participant who is found to be playing under a different jersey number.
- 20.6.1 If a participant has lost/did not bring their jersey, they can play under a different jersey number provided the Referee, Pitch Manager and the Team Manager of the opposing team are informed and the information is duly recorded and endorsed in the Team Sheet.

21. GAME SPECIFIC RULES

- 21.1 Playing Area
- 21.1.1 Matches can be played on a regular-sized secondary/ junior colleges/ centralised institute fields but for the boys the playing area must minimally meet the dimensions below excluding the 2m safe zone:

Division (Boys)	Length	Breadth
A	90	60
B	80	50
C	70	45

- 21.1.2 Schools offering their school field should ensure that the safe zone of 2m is clear of items, such as benches, unused goal posts, etc.

- 21.2 Duration of Game

- 21.1.1 Each game shall consist of 2 equal halves
- 21.1.2 Water breaks will be provided in each half regardless of weather

a) Boys

Division	Duration per half (in minutes)	Interval (in minutes)
A	40	15
B	40	15
C	30	15

b) Girls

Division	Duration per half (in minutes)	Interval (in minutes)
A	40	15
B	35	15
C	30	15

21.2 Minimum number of participants

The minimum number of participants required before a match can start is NINE (9). If a team fails to field the required number within 15 minutes of the scheduled starting time, the referee will call off the match and report the matter to the Pitch Manager immediately.

21.3 Substitution of Participants (All Divisions)

21.3.1 Any SIX (6) participants of the maximum of NINE (9) substitutes registered for each match may be substituted during a match.

21.3.2 A participant substituted cannot re-enter the game during the same match.

21.3.3 A substitute card must be produced for each substitute participant when they replace a teammate. It is the onus of the teacher-in charge to bring along the substitution cards for all matches to be played.

21.4 Yellow and Red Card Offences

21.4.1 For every two yellow cards (in two separate matches) received in a particular competition, the participant shall automatically be suspended for ONE match following the match in which he/she receives the second yellow card, regardless of whether the matches have completed.

21.4.2 Two yellow cards received WITHIN THE SAME MATCH, will equate to a red card and subsequently, the participant will be suspended for TWO consecutive matches following the match in which they are expelled.

21.4.3 A participant, who is sent-off (RED Card) by the referee, shall automatically be suspended for TWO (2) matches following the match in which they received the RED Card. A Football Sub-Committee may meet to decide on further action to be taken depending on the severity of the referee's match report.

21.4.4 A participant who is sent-off or did not conduct themselves in an acceptable manner may be asked to appear before the Football Sub-Committee together with their Team Manager if instructed to do so.

21.4.5 When a game is called-off due to poor pitch condition or bad weather, any participant serving suspension would be deemed as NOT having completed the suspension. The said participant will continue to serve the suspension when the match is continued on another day. Any yellow cards received during this match will be accounted for when the game resumes on another day. Participant receiving the red card due to violent misconduct will be dealt with by the Football Sub-Committee.

21.4.6 Team Managers to verify with the referee immediately after the game regarding the yellow/red cards and final score status. Convenors are not responsible for informing schools of their yellow/ red cards status. Any discrepancies should then be highlighted to the referee concerned and to the Convenor or his representative.

21.4.7 Team Managers are responsible to ensure that they do not field participants who are under suspension. If they are doubtful, they should contact the Convenor for clarification before allowing the player to play.

21.4.8 All cautions, expulsions and suspensions will be tracked and followed-through from the Pool to League stage of the competitions.

21.4.9 All matters pertaining to cautions, expulsions and suspensions for Yellow/Red Card offences will apply to team officials (Team Managers, coaches, etc.) as well.

21.4.10 A participant who fails to serve their suspension will result in a forfeiture (Refer to [Para. 10](#)) of the match they played in. They will also have an added ONE (1) match suspension.

21.5 Team sheets
 Team sheets shall be used for every match.
 The teacher-in-charge is required to tick (✓) the first 11 players starting the match.

21.6 Equipment
 ONLY size 5 balls shall be used.

SECTION C – AMENDMENTS AND MATTERS NOT PROVIDED FOR

22. MATTERS NOT PROVIDED FOR

22.1 All matters not provided for in these Rules and Regulations shall be dealt with by the respective NSGOCs.

22.2 Sportsmanship & Fair Play

22.2.1 Before and at the end of all games, the referee will initiate a shaking of hands between opposing players, reserves, Team Managers, coaches and all officials.

22.2.2 Schools can nominate a deserving player from their team, who has displayed exemplary behaviour, for the Sportsmanship Award at the end of the championship.

22.2.3 A 'Fair Play' team award is to be presented to deserving teams (including players, Team Manager and coach) who have the lowest average number of cards per game.

23. AMENDMENTS

23.1 The SSSC shall have the right to delete, add or amend the Rules and Regulations laid down herein.

24. LIST OF ANNEXES

A	SSSC Mission, Aspirations and Motto
B	NSGOC Terms of Reference
B1	PDPA Notification
C	Competition Format
D	Clarification, Protest and Appeal Overview
E	Role of Team Managers
E1	Role of Pitch Managers
F	School Adult Representative (SAR) - Not Applicable to Football
F1	SAR Letter of Appointment - Not Applicable to Football
G	Code of Conduct for Coaches
H	Guidelines for 'Hot Spell' and Hazy Conditions

**SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL (SPSSC)
AND SINGAPORE SCHOOLS SPORTS COUNCIL (SSSC)**

MISSION, MOTTO AND ASPIRATIONS

Mission

“To provide quality competition experiences for our school-athletes to support character development through the pursuit of sporting excellence”

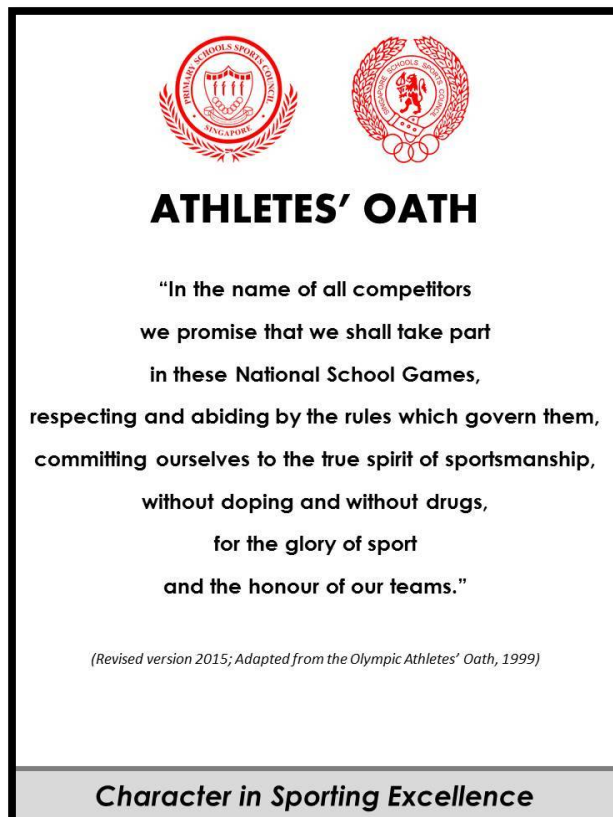
Motto

“Character in Sporting Excellence”

Aspiration 1: *Every athlete an honourable sportsperson*

Guiding Principle:



Athletes abide by the rules of the sport, gives their best in training and competitions, wins with integrity and humility, and loses with confidence and grace. They participate actively and are committed to being better in their sport. They respect their opponents, teammates, coaches, teachers and officials, and displays exemplary conduct both on and off court.



Aspiration 2: *Every teacher and coach an inspiring role model and mentor*

Guiding Principle:

The teacher / coach endeavours to develop all athlete to their fullest potential. He focuses on student-centric and values-driven coaching. Teachers / coaches maintains a professional relationship with the athletes and ensures their safety and well-being at all times. As positive role models, they inspire and motivate the athletes towards greater heights.



COACHES' OATH

*In the name of all the coaches,
we promise to respect all athletes,
officials and coaches in these
National School Games.
We shall act in the best interest of the
athletes and schools,
without doping and without drugs.
We commit ourselves to ensure that the
spirit of sportsmanship and fair play is
fully adhered to and upheld always."*

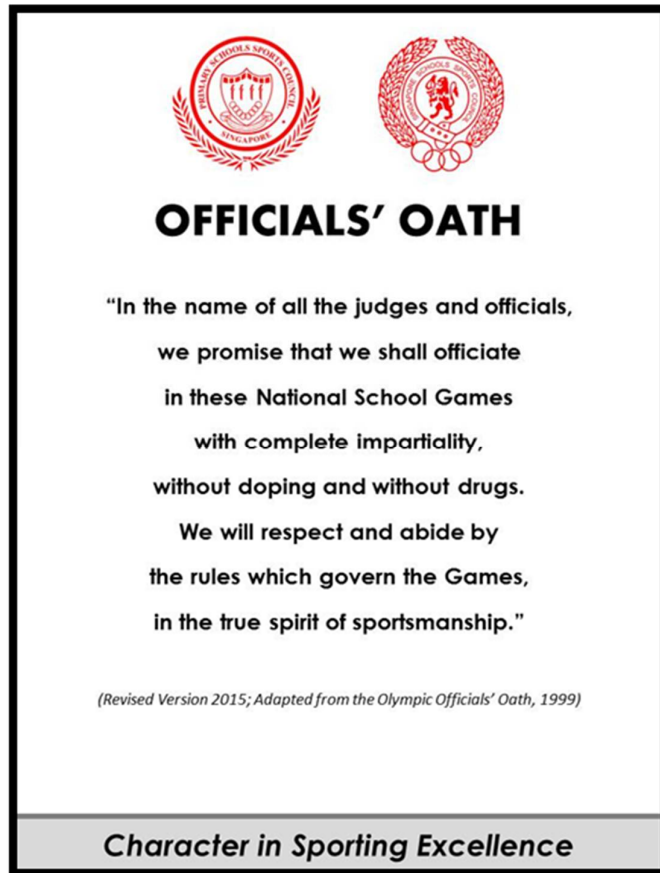
(Revised 2016; Adapted from the Olympic Coaches' Oath, 2012)

Character in Sporting Excellence

Aspiration 3: *Every official a fair, respectable and competent authority*

Guiding Principle:

The official is well-versed in the rules of the sport, and enforces the laws of the sport with impartiality. They are alert and acts decisively when required. They ensure safety for all athletes and explains the rules when required. They uphold the professionalism of the sport.



Aspiration 4: *Every parent a supportive partner*

Guiding Principle:

Parents take interest in their child's, training and competitions and prioritises their long-term development over winning competitions. They ensure proper nutrition and rest for their children, and actively enquires on their progress and development. They work with the teacher and coach, attends competitions and respects the decisions of competition officials.

Aspiration 5: *Every spectator a respectful, responsible and caring motivator*

Guiding Principle:

Spectators applauds excellence and fair play from all athletes regardless of which team they represent. Spectators shows appreciation for the efforts of all athletes, teachers, coaches, officials and organisers. They should cheer to encourage and motivate as well as care for the athletes' well-being. Spectators are responsible and keep the venue safe and comfortable for all.



SPECTATORS' CREED

Be a Respectful Supporter

- Applaud excellence and fair play
- Appreciate the efforts of all athletes, teachers, coaches, officials and organisers

Be a Caring Motivator

- Cheer to encourage and motivate
- Care for athletes' well-being

Be a Responsible Spectator

- Keep the venue safe and comfortable for all
- Keep the venue clean

Character in Sporting Excellence

Aspiration 6: *Every game a safe and enriching learning experience*

Guiding Principle:

The format of competition is developmental and age-appropriate. The games provide athletes with the opportunity to display their sporting abilities, and be recognised for their achievements. Athletes enjoy the competitions, which are conducted under safe and conducive environments.

**TERMS OF REFERENCE FOR SPSSC / SSSC
NATIONAL SCHOOL GAMES ORGANISING COMMITTEES (NSGOCs)**

The NSGOCs shall have sub-committees to ensure the successful organising and completion of their respective sports that includes but is not limited to the following functions:

1. COMPETITION

Organise the competition according to the rules and regulations, and established safety standards, including:

- a. Planning and Execution:
 - i. Work out the competition schedules, fixtures and venues required.
 - ii. Communicate with participating teams on all competition matters, including, but not limited to rules, dates, fixtures, venue, etc.
 - iii. Identify and appoint Competition Director (if applicable) for deployment of officials.
 - iv. Manage competition officials, venues, equipment, medical cover and logistics for effective and efficient conduct of the competition.

- b. Risk Assessment and Management:
 - i. Carry out risk assessment and management planning for each venue, including adherence to the baseline safety standards.
 - ii. Communicate relevant parts of the risk assessment and management plan to all relevant parties.
 - iii. Monitor and manage safety and security issues at the competition venue.

- c. Venue Management:
 - i. Ensure competition venues (including hosting schools and external venues) have the following in good condition to support the competition:
 - o Equipment
 - o Line Drawings (if applicable)
 - o Consumables
 - ii. Inform hosting Schools of competition schedule.
 - iii. Disseminate competition fixtures to all hosting and participating schools once fixtures are confirmed.
 - iv. Inform hosting and participating schools at least three (3) working days before should there be any changes in venue or fixtures.
 - v. Ensure that competition officials and medical support (if applicable) arrive at stipulated time at the competition venue.
 - vi. Remind TMs during briefing:
 - o To check the latest hosting venues' SOPs before each competition
 - o To inform their fellow colleagues and SAR who may be accompanying their students for the competitions on their behalf
 - vii. Prepare the competition venue, such as display of PDPA notifications (**Refer to [Annex B1](#)**), proper allocation of spaces for assembly, warm-up, match, rest areas, spectators, where necessary.

- d. Results Processing:
 - i. Ensure competition results are promptly and accurately sent to the NSGO for uploading to the NSG website.

- e. Protest Management:
 - i. Respond to clarifications / protests from participating schools during the competition.
 - ii. Conduct investigations and resolve the clarifications / protests relating to the competition.

2. TECHNICAL

- a. Establish competition rules and regulations for the sport to ensure age appropriateness and opportunities for skills development, including, but not restricted to:
 - o Age grouping / division
 - o Format of competition
 - o Permitted equipment
 - o Field of play
 - o Duration of play; intervals
 - o Number of participants
 - o Substitution rules, etc.
- b. Identify and appoint the technical director and officials for each competition.
- c. Monitor and review baseline safety standards for the competition.
- d. Review and update competition rules and regulations annually and submit Games Recommendations to NSGOC or Council Standing Committee for approval, where necessary.

3. RECOGNITION, PROTEST AND DISCIPLINE

- a. Recognition
 - i. Develop and implement appropriate recognition (including recognition criteria), to support the desired outcomes of the National School Games (NSG), such as Sportsmanship Award.
 - ii. Collect and communicate good stories to relevant parties, including participating schools, MOE HQ and the media where appropriate.
 - iii. Plan and organise prize presentations for the competition.
- b. Protest
 - iv. Conduct investigations with all parties involved, in consultation with the Game Advisor and Lead Convenor.
 - v. Resolve all protests and respond to relevant parties on the outcome within a week of incident reported.
 - vi. Update SPSSC / SSSC Standing Committee on the outcome of the clarifications / protests, where necessary.
- c. Discipline
 - i. Conduct investigations pertaining to disciplinary cases with all parties involved, in consultation with the Game Advisor.
 - ii. Resolve all disciplinary cases and respond to relevant parties in a timely manner
 - iii. Develop disciplinary policies and systemise processes to manage students, teachers and coaches and competition officials for alignment to the Councils' mission, motto and aspirations.



National School Games Photography & Video Recording Notice



The Ministry of Education (MOE), its authorised photographers and videographers, and approved media broadcasters will be conducting photography and video recording at this event. The photographs and videos may be used by MOE for internal publication or publicity materials. Video footage of the event may be live-streamed on MOE's and the broadcasters' media platforms.

By entering this venue and taking part in this event, you consent to the collection, use, and/or disclosure of photographs and videos containing your personal data by MOE and the approved media broadcasters for the above purposes.

COMPETITION FORMAT

In determining the format for the competition, NSGOC should aim to provide meaningful¹ competition experiences for participating teams. The suggested competition formats highlighted in this Annex are options that the NSGOC can consider when drawing up their fixtures. The selected competition format should be standardised within the same sport (i.e., across zones; and from year to year).

1. Grouping

The grouping approach should be determined based on the number of participants / teams in the competition, with the aim to allow teams to have sufficient playing opportunities while optimising resources (venue, officials, time, workload). Each group should comprise 4 to 6 teams with the exception of a single round robin for 7 teams.

2. Seeding

Seeding is done based on the preceding year's results and the seeding approach will differ according to the competition format chosen based on the following table:

Table 1: Recommended seeding approaches for different competition formats

Zonal / Direct National Competitions	Pool – League Competitions	Other Competitions
Objectives of Seeding: <ul style="list-style-type: none"> To evenly distribute the top teams from the preceding year into different groups 	Objectives of Seeding: <ul style="list-style-type: none"> To group teams to increase opportunities for them to play with teams of relatively similar abilities 	Event-based Competitions / Individual Match-based Competitions_(e.g. Taekwondo (Kyorugi)) <ul style="list-style-type: none"> Adopt sports specific seeding approach that would meet the competition needs.

¹ Each participating team should minimally play 3 matches (i.e., cumulative across Zonal and National competitions; where applicable) in the course of competition. For Tiered and League competitions, team should minimally play 6 matches. This is to allow for more equitable playing opportunities for all teams.

<ol style="list-style-type: none"> 1. The top 4 teams from preceding year's National results will be seeded and distributed to different groups. 2. The remaining quarterfinalists will then be seeded and drawn into the different groups. 3. The remaining teams will be drawn / placed into groups. 	<p><u>Pool</u></p> <ol style="list-style-type: none"> 1. Using preceding year's result, snake seeding will be used for Pool groupings. 2. The remaining teams will be drawn / placed into different Pool groups. 3. Refer to the table below which illustrates snake seeding. <table border="1" data-bbox="850 470 1260 828"> <thead> <tr> <th>Group One</th> <th>Group Two</th> <th>Group Three</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>6</td> <td>5</td> <td>4</td> </tr> <tr> <td>7</td> <td>8</td> <td>9</td> </tr> <tr> <td>12</td> <td>11</td> <td>10</td> </tr> </tbody> </table> <p><i>*The number indicates the ranking position.</i></p>	Group One	Group Two	Group Three	1	2	3	6	5	4	7	8	9	12	11	10	
Group One	Group Two	Group Three															
1	2	3															
6	5	4															
7	8	9															
12	11	10															
	<p><u>League</u></p> <ul style="list-style-type: none"> • Using Pool's result, the top teams will be seeded in different groups within each League. • The remaining teams will be drawn / placed into different groups. • Teams from the same group in the Pool Round will not be drawn / placed into the same group in League Round. 																

A Division Girls Competition Format



A Division Boys Competition Format

Preliminary Round (Approximate 17 schools in 4 groups)

Seeding Procedure:

- The top 4 teams of the preceding tournament shall be seeded in the following manner
 - Group A – Champion
 - Group B - Runner-up
 - Group C – Third
 - Group D - Fourth
- Quarter-finalists from the preceding year shall be seeded, separated and placed in the respective groups by drawing of lots.
- No more than two seeded teams shall be drawn into the same group to ensure no teams are disadvantaged as a result.



Quarter-Final Round
(2 Groups of 4 Teams)



Semi-Finals
The champion and runner-up of each group shall enter into a criss-cross championship.

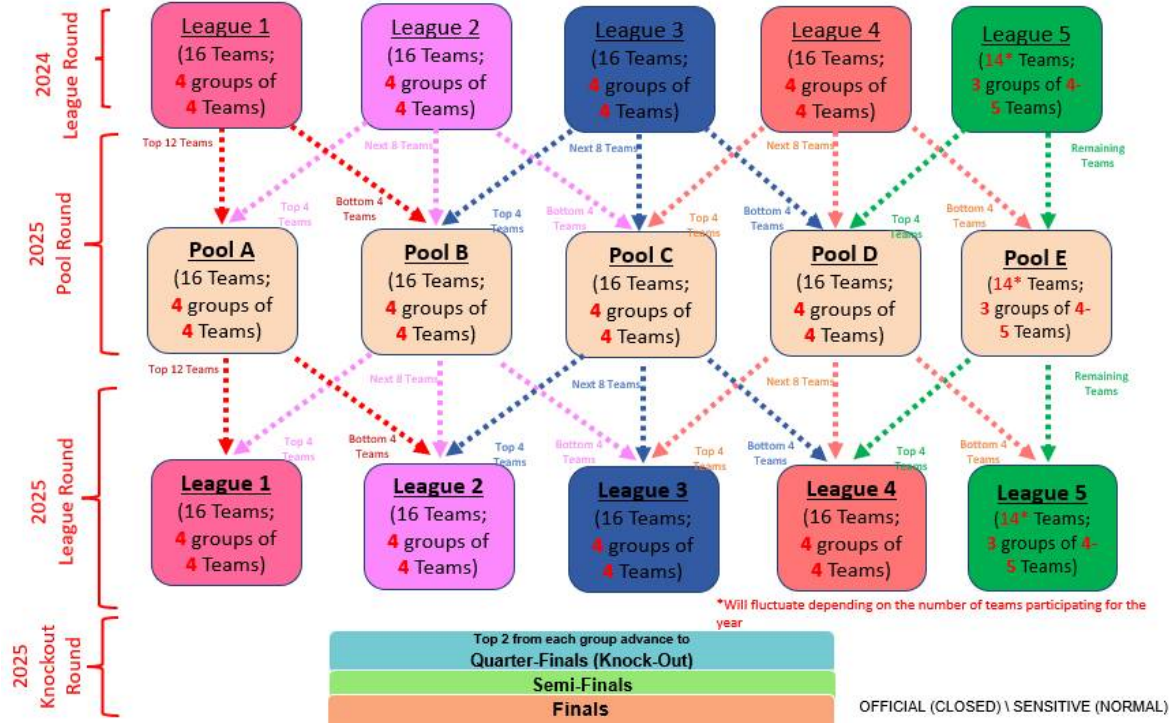


Finals, 3rd/4th

B Division Girls Competition Format



Proposed Competition Format B & C Division Boys



CLARIFICATION, PROTEST AND APPEAL OVERVIEW

	Clarification (Formal & Informal)	Competing Under Protest (Some Sports Only)	Protest	Appeal
Handled by:	NSGOC Rep and/or Competition Officials	NSGOC Rep and/or Competition Officials	NSGOC	BOA (Council and Zone Vice-Chairpersons)
Who must be Informed:	NSGOC Rep, Competition Officials	NSGOC Rep, Competition Officials, Affected TMs as determined by NSGOC	Principal, Lead Convenor, Lead Org Sec, Game Advisor	Principal, Lead Convenor, Lead Org Sec, Game Advisor and Honorary Secretary (for Zonal), Council Secretariat (for National)
How to Inform:	At competition venue, during appropriate interval without disrupting the game	At competition venue, during appropriate interval without disrupting the game	Indicate intent to protest on scoresheet at end of match and followed by an email sent through the Principal	Sent through the Principal via email
Fees if Overruled:	Nil	Nil	\$150	\$300
Approval Required From:	Nil	Nil	Principal	Principal

ROLE OF THE TEAM MANAGERS

Team Managers (TMs) will represent the school on all matters pertaining to the duty of care, student management and competition matters relating to the participants from their school. They must be a good role model for the participants and are expected to conduct themselves well in carrying out their duties. They will:

No	Terms of Reference
1	Be the point of contact between the National School Games Organising Committee (NSGOC) and the Principal (school).
2	Perform all necessary administrative duties and attend all briefings and / or meetings called for by the respective NSGOCs.
3	Check, verify and keep updated the fixtures and schedules involving the school.
4	Ensure: <ul style="list-style-type: none"> • Accuracy of participants' particulars in the registration and that participants are not placed in the wrong division. • All participants are adequately prepared for safe participation in the NSG in accordance with the Baseline Safety Acknowledgement Form.
5	Check and comply with the hosting venue's Standard Operating Procedures (SOPs) and communicate all related the information to all the stakeholders associated with the participating schools.
6	Make transport arrangements for the participants.
7	Chaperone participants to and from the competition venue. TMs who are SAR need only chaperone their own child as Parent Chaperones are responsible for chaperoning their own children.
8	Remain with the participants throughout the duration of play.
9	Arrange for a replacement, in the event that they are not able to perform their duty during the entire competition duration. TMs who are SAR should contact the school for assistance in such situations.
10	Cooperate with NSGOC & officials and abide by the rules and regulations of the competition to facilitate the smooth conduct of the competition and be a good role model for the participants.
11	Submit participant / team list and other necessary documents when required.
12	Manage the coaches, participants and spectators, if any, to ensure that they adhere to the General and sport-specific and rules and regulations Code of Conduct given in the rules and regulations.
13	Perform the duty of care for the participants' safety and well-being including: <ul style="list-style-type: none"> • Checking that participants are well enough to compete, • Reminding students to remain hydrated. • Having a first aid kit available. • For long duration competitions where students will need to consume a meal, the SAR should ensure that students have sufficient time for their meal.
14	Contact the school immediately in the event of an injury or emergency.

15	Consult school leaders for all media related matters.
16	Represent the school in matters pertaining to clarifications / protests / appeals (as required by the sport).
17	Accompany participants at disciplinary board meetings if the occasion arises.
18	Attend to any other matters pertaining to the duty of care, student management and competition matters relating to the participants from their school.

Role of Pitch Manager

The Pitch Manager (PM) will represent the school and the organizing committee on all matters that are administrative, aspects of safety, adherence to venue protocols and the running of the competition.

Pitch Managers must fulfil the following criteria:

- Appointed from participating schools through the competition fixtures
- Must be Education Officers, Contract Adjunct teachers, Flexi-adjunct teachers and Allied Educators or any other members of the staff appointed by the participating schools
- Must be competent to carry out the necessary tasks required to oversee the matches
- Should not play a dual role of that of a TM for the particular match he/she is on duty
- He/she is expected to conduct himself/herself well in carrying out the duties

No	Terms of Reference
1	Point of contact between the National School Games Organising Committee (NSGOC), participating schools and the match officials on the ground.
2	Attend all briefings and/or meetings called for by the respective NSGOCs or be familiar with the duties by obtaining the information from Team Managers who attend the briefings.
3	Cooperate with NSGOC & officials and abide by the rules and regulations of the competition. Must check, be familiar and comply with the hosting school's Standard Operating Procedures (SOPs) before the start of the match. Communicate the information to all stakeholders associated with the team attending the match.
4	Arrive at least 30 minutes before the start of the match to ensure that the venue is conducive for play using the Baseline Safety Standards Checklist (applies to the first match each day).
5	To pick up and/or return the Match Balls to the hosting schools according to the SOPs.
6	To ensure that 2 technical areas for both the teams and designated area(s) for the supporters are marked out clearly by the hosting school. To ensure that only the registered players and a maximum of FOUR (4) officials to be allowed in each technical area.
7	Manage the participating schools and supporter(s), if any, to ensure that they adhere to the Code of Conduct as provided in SSSC Rules & Regulations.
8	To remain at the competition venue throughout the match and be vigilant in support of the match official(s).
9	To assist the referee only when necessary with regard to temporary stop or affected match due to lightning or the pitch is unplayable due to heavy rainfall.
10	To ensure that the Referee STOPS the game IMMEDIATELY in accordance with the Lightning Risk Alert and/ or Siren or in the event lightning is spotted (without LWS alert or siren). The game can only resume when the Lightning Risk Alert warning is cancelled within 30/45 minutes.
11	To submit the results, completed Match Reports and the team sheets to the respective convenor immediately after the match (includes yellow or red card cases which may require immediate follow-up action) and other details using the FormSG online platform.
12	To inform the Convenor in writing of any irregularities contravening the tournament rules involving Football Team Managers, supporters or External Coaches. Lend assistance to the schools and the NSGOC in the event of an injury or emergency.
13	Represent the NSGOC in matters pertaining to formal appeals/protests (as required by the sport)
14	Any other matters pertaining to administration, student management and competition matters relating to NSG.

SCHOOL ADULT REPRESENTATIVE (SAR)

1. The School Adult Representative (SAR) scheme aims to support schools in balancing the numerous competition opportunities for students and managing staff resources. SAR should be parents/legal guardians of one of the participating student-athletes in the session.
2. Schools may appoint suitable SAR as Team Managers for the sports listed.

a) Bowling	g) Sailing
b) Canoeing	h) Shooting
c) Fencing	i) Swimming
d) Golf	j) Taekwondo
e) Judo	k) Track & Field
f) Gymnastics ¹	l) Wushu

¹ For Artistic Gymnastic and Trampoline, SAR may only be appointed by schools that do not offer Gymnastics as a CCA. They may be deployed to manage up to a maximum of 3 student athletes for each distinct competition of the sport.

3. SAR may be deployed to manage up to a maximum of 3 student-athletes for each session of the sport.
4. When there is more than one student-athlete in a session, SAR should be supported by parent chaperones (PC) who should be parents / legal guardians of the participating student-athletes. PC should accompany their own children to and from the competition venue and be responsible for their children's safety and well-being throughout the competition.
5. SAR are encouraged to be trained in first aid.
6. When appointing SAR, schools should:
 - Appoint an Education Officer (EO) as the **School Coordinator**, to serve as liaison between the SAR and the NSGOC.
 - Arrange and conduct a briefing for the SAR on their duties including:
 - SSSSC General and Sport-Specific Rules and Regulations
 - Safety protocols
 - Roles of TMs (**Refer to [Annex G](#)**)
 - Other school-specific SOPs or requirements
 - Be represented by 1 SAR per session only.
 - Ensure that PC are present to oversee their own children's / ward's safety and well-being when the SAR is on duty.
 - Issue the SAR Letter of Appointment (**Refer to [Annex F1](#)**) endorsed by the School Principal.

Frequently Asked Questions

1. **Can grandparents, siblings, helpers or other relatives be appointed as SAR?**

No. Only a parent or legal guardian of the student athlete can be appointed as the SAR.

2. **Can schools send an SAR for a team sport or event at the SSSC NSG?**

No. For all team sports or events, schools must send a **school staff** to be the Team Manager.

3. **What happens when an appointed SAR is not able to be present for duty or needs to leave before the end of a competition?**

The SAR should follow the school's current standard operating procedure for managing such situations and contact the school immediately to arrange for a replacement. An appropriate replacement should be provided by the participating school.

4. **If the SAR needs to accompany his/her child to the hospital before the end of the competition, what are the standard procedures?**

Please refer to Q6.

5. **If any of the parent chaperones does not turn up or needs to leave before the competition ends, what are the standard procedures?**

The SAR should call the School Coordinator to seek advice and assistance. The student whose parent is absent, may not be allowed to compete.

6. **Is there a different set of Baseline Safety Standards (BSS) School Acknowledgement Form for schools represented by SAR?**

The same form will be used. The School Coordinator should brief the SAR on the requirements and implications of the BSS Acknowledgement Form. SAR should also be familiar with the respective sports safety requirements and practices and is encouraged to be trained in first aid.

<School Letter Head>

**SCHOOL ADULT REPRESENTATIVE (SAR)
LETTER OF APPOINTMENT**

School:	
Sport:	
Full Name of SAR: (as in NRIC / Passport)	
NRIC / Passport No.: (last 4 characters e.g. 234A)	
Name of Child / Ward:	
Mobile No.:	

Terms and Conditions

1. The above-mentioned is appointed as the SAR who shall represent the school in the National School Games competition for the sport and dates given only.
2. The SAR shall believe in and support the Council's mission, motto and aspirations and support the involvement of the students under their charge in the competitions and events with a strong educational focus.
3. The SAR shall perform the roles and responsibilities of the SAR including:
 - a. Representing of the school as a Team Manager (TM) (Refer to [Annex E](#) for the main roles and responsibilities of a TM.)
 - b. Attending all briefings and meetings conducted by the school for SAR.
 - c. Work and coordinate with PC, if any, to facilitate a good participation experience for all participants including:
 - Establishing contact with PC and keeping them informed on the competition schedules and other necessary information.
 - Ensuring that all participants are present and PC are present to oversee their own children's/ward's safety and well-being. SAR should contact the school coordinator for assistance immediately if they are unable to contact the PC and/or the participant.

- d. Being professional in the discharge of their duties. They should not bring along any other students or children who are not involved in the competition for that day so that they can more effectively discharge their duties.
 - e. Observing and complying with all rules, policies, procedures, expectations, and codes of conduct of the School, Singapore Schools Sports Council (SSSC) and the applicable sporting body as may be issued from time to time.
 - f. Take all necessary precautions to ensure the safety, security, health and wellbeing of the students under their charge.
4. The SAR shall declare to the school if he/she is under investigation for any criminal offence by any authority in Singapore or elsewhere or is facing disciplinary proceedings by any sporting body in Singapore or elsewhere.
 5. Except with the written consent of the school, the SAR shall not disclose any information or material furnished by the school or make any statement or representation on behalf of the school to any media or any person not related to the NSG Organising Committee.
 6. The SAR shall not make use of any information obtained directly or indirectly from the course of his/her duty, other than for the conduct of the NSG, unless prior written approval has been given by the school.
 7. The SAR declares that, at the date of entering into this Agreement, there is no conflict of interest in the performance of this service, and of its obligations under this Agreement.
 8. The appointment is subject to the meeting of the above terms and conditions and may be revoked by the school or SSSC if they are breached.

_____	_____
Name & Signature of SAR	Date

_____	_____	_____
Name & Signature of Principal	School Stamp	Date

CODE OF CONDUCT FOR COACHES

No	Description
1	Coaches must be good role models and are expected to conduct themselves well in carrying out their duties.
2	They are to observe the rules and regulations of the National School Games and honour the Coaches' Oath.
3	They should not replace the role of the Team Manager.
4	They are to prepare the training schedule for the team, in consultation with the Head of Department (HOD) and the teacher-in-charge (i.e. Student Development Programme).
5	It is the responsibility of coaches to adhere to the rules and to be well versed with the competition rules.
6	They are not allowed into the field of play except where the rule of the sport requires the presence of the coach.
7	They cannot represent the school in any matters.
8	They must not interfere with the organisation of the competition.
9	They are not allowed to approach the officials to query their decisions. Only Team Managers are allowed to approach officials to seek clarifications.
10	They must ensure that the student participants have adequate rest and are given water breaks.
11	Coaches should refrain from using foul language or speak in a tone not becoming of proper behaviour.
12	Coaches violating the rules will be asked to leave the competition arena.
13	Action will be taken against the school if the coaches fail to comply with the competition rules.

Guidelines for 'Hot Spell' and Hazy Conditions

TO BE IMPLEMENTED DURING 'HOT SPELL' OR HAZY CONDITIONS.

CONVENORS WILL RELAY THE MESSAGE TO THE PARTICIPATING SCHOOLS AFTER GETTING THE LATEST INSTRUCTION FROM THE FOOTBALL ADVISOR.

1. PLAYING TIME: From 40 min to 30 min each way
 From 35 min to 25 min each way
 From 30 min to 20 min each way

RESTING PERIOD: From 10 min to 15 min

2. Participating schools to supply plenty of water for their players during the game. Players will be allowed to go to the sidelines and drink water at any time during the game. (It would be better for them to get their drinks when the ball is out of play.)
3. Use of cap if necessary – for goalkeepers
4. During this period, schools **are allowed to use all the substitutes for the game except those who are under suspension, very sick to play or with MC.**
5. The committee may consider changing playing time from afternoon/evening to night if it is deemed necessary. The committee may also postpone the games if Air Quality is unhealthy.